

# Living your best life - outcomes

## Smarter community

- Evaluation of information
- More literate
- Evaluate sources of info ↓
- Informed decision making
- Idea: list and resources
- educated choices**
- Older adults: mental engagement (keep mind active)
- What do people at, say age 18, need to know? (life choices)
- Technology** — Online and technical literacy

## Arts

- Arts! – opportunity, access
- More artistic play

## Resources

- Access to coaching
- Know what resources are available
- Mentorship to guide people

## General

- People have defined what “best life” means (this is a challenge)
- To know that a better life is possible
- Definition of “Best Life” is individual
- To have hope → through system and policy change
- you don't know what you don't know

## View of the library

- Library is safe
- Library is magic
- Excited about Going to the library
- People recognized that library is a valued resource

## Community Involvement

- Compassion for those in need
- Invest outside themselves
- More pride and engagement
- People excited about giving
- Taking care of physical environment
- Revitalization
- More heritage festivals
- Easy access to community services
- Community gardens
- People would stay in our community
- Sense of community and togetherness
- Happy community
- Engaged in the community
- Being engaged in community
- More community events
- A food truck on every corner
- Free ways to engage with the community
- Proud to live in Topeka
- More green spaces – learning trail
- Volunteer and step up
- Know community resources
- Have a variety of entertainment options
- Less crime
- Less blight
- More pedestrian and bike friendly
- Less poverty
- Less litter

## Civics and Government

- Learn to advocate and lobby for societal change
- Systems that encourage best choices
- More qualified elected officials
- Civic engagement
- Better government
- Prisons – positive discipline

## Interpersonal

- Relationships are kinder
- Everyone should be more positive
- No obstacles to achieving dream
- Content with choices made
- Pursuit of happiness
- More balance – content with balance they can achieve
- Happy families
- Better decision making
- Cooperative
- Less divorce
- Engaged in “something”
- Taking ownership of life, career, etc.
- Social Awareness
- People choose to be happy

## Basic Needs

- Less poverty
- Less crime – less murder
- Eliminating hunger
- Fewer people in jail
- No poverty, unemployment, social ills
- Access to affordable healthy food
- Life choices/drug awareness
- Safety
- Freedom to leave unsafe environment
- Less depression, addiction, limited options
- Safe environment

## People willing to experiment and try something new

- RISK
- Personal accountability

## The library provides

- How to do anything – we are a knowledgeable clearinghouse
- Spaces for people to meet = connection, central
- our role: supportive, location, classes, BGIB
- More fellowship
- Intergenerational connections
- Individually connected
- Connections to others
- Higher literacy rates — Literacy

## Education

- Advanced Education?
- How much (education)?
- Graduation rates
- Education = informed

## Family and parenting

- Spending more time with families
- Parents realize the importance of parenting

## If people in our community were living their best life:

- Volunteering
- Healthier
- Self-actualized
- Solution oriented
- Actively engaged
- Developing healthier habits
- Connect with others
- Access to the arts
- Civically engaged

## Tolerance

- Less divisions
- Societal and racial equality
- Less suppression/marginalization
- More accepting
- More family bathrooms
- equality
- Diversity = acceptance (diverse viewpoints)
- People have diversity of connections and friendship

## Jobs and Career

- Higher incomes
- Work less – earn more
- Have profession they want
- Have a job = income
- Mobility
- Women + money = financial management
- People have meaningful jobs
- Equal opportunities
- Increased economic opportunities

## Healthy

- Healthy activities
- Good health
- Strong public health policy
- Health equity
- Less stress
- Having unhealthy choices removed as options
- Exercise = Better health
- Being healthy – information resources
- Be in right “space” mentally (healthy mental state)
- Energy
- More vacation/ leisure time

## Lifelong learning

- Access to free learning resources they need
- More informed
- More innovative continuators
- Have a tool kit to achieve goals and be successful